CampReady

# Camping Checklist Printable

Camp Type: Camping with a Baby

Trip Name: _____

Camper: _____

Campground: _____

Date: _____

## Ø<ß!þ Thermoregulation Layer

- [ ] Wool or bamboo baby base layers *
- [ ] Insulated baby snow suit or bunting *
- [ ] Temperature-rated baby camping sleep sack *
- [ ] Warm baby hat for nighttime heat retention *
- [ ] Baby mittens, socks and booties *
- [ ] Backup dry warm layer in a sealed bag *
- [ ] Night temperature note for layer checks *

## Ø>Þz Preverbal Health Monitoring Layer

- [ ] Infant thermometer *
- [ ] Infant fever reducer with dosing instructions *
- [ ] Baby first aid kit with age-specific supplies *
- [ ] Pediatrician contact card and emergency plan *
- [ ] Sealed dry bags for backup baby clothes *
- [ ] Symptom check note for sleep, feeding and temperature changes *

## Ø<ß| Feeding Logistics Layer

- [ ] Sterilized bottles or clean feeding kit *
- [ ] Clean water reserve dedicated to feeding *
- [ ] Formula or breastmilk storage plan *
- [ ] Insulated thermos for warming bottles *
- [ ] Portable nursing cover or feeding privacy layer
- [ ] Bottle brush and baby-safe cleaning soap *
- [ ] Burp cloths and bibs in a dry pouch *

## Ø=ÜU Baby Basics

- [ ] Diapers packed by day plus backup *
- [ ] Baby wipes plus backup pack *
- [ ] Multiple baby outfits packed in dry sets *
- [ ] Diaper rash cream *
- [ ] Odor-control diaper disposal bags *
- [ ] Baby-safe sun protection approved for age
- [ ] Baby-safe insect protection
- [ ] Soft baby carrier for camp walks
- [ ] Portable changing pad *

## &ú Camp Basics

- [ ] Family tent with a protected baby sleep zone *
- [ ] Ground tarp or tent footprint *
- [ ] Low-mode lantern for nighttime checks *
- [ ] Shade tarp or canopy for daytime baby care *
- [ ] Stable camp chair for feeding
- [ ] Hand sanitizer and simple wash station *
- [ ] Trash bags and sealed diaper storage *
- [ ] Extra blanket or clean ground layer

## Ø=ÞÌ Baby Sleep Setup

- [ ] Portable crib, bassinet or approved baby sleep space *
- [ ] Firm baby sleep surface matched to the crib *
- [ ] Portable blackout liner for naps
- [ ] Portable white-noise machine
- [ ] Pacifiers or familiar soothing items
- [ ] Night diaper-change kit staged by the sleep space *